

# OUTDOOR 2024 PROGRAM DETAILS



## TIER 1 & 2

### SEASON DATES:

- ✓ 19 weeks of programming
- ✓ April 22 - Sept. 22 Training Dates
- ✓ July 29-August 18 Summer Break
- ✓ Aug 19- Sept. 22 Fall training and exhibition game program

### TRAINING DETAILS:

- ✓ 1 x 90min/week practice with team coach
- ✓ 20x90 minute technical training sessions led by Technical Staff
- ✓ 18 ORKA sessions
- ✓ 4 video analysis sessions

**\$550 REGISTRATION + \$900 ACADEMY FEE**

## TIER 3

### SEASON DATES:

- ✓ April 22 - July 28 (14 week program)
- ✓ Aug 19 - Sept. 23 Optional Fall program

### TRAINING DETAILS:

- ✓ 1x90min/week practice with team coach
- ✓ 12x90 minute technical training sessions with Technical Staff

**\$550 REGISTRATION + \$400 ACADEMY FEE**

## TIER 4

### SEASON DATES:

- ✓ April 22 - July 21 (13 week program)
- ✓ Aug 19 - Sept. 23 Optional Fall program

### TRAINING DETAILS:

- ✓ 1x90 min/week practice with team coach
- ✓ Optional technical training

**\$550 REGISTRATION**

## CMSA GAME DETAILS:

Tier 1/2/3 April 27- July 28  
Tier 4 April 27- July 14  
14 games. 11v11 Format  
May play any day of the week.  
Games are played city wide

## GAME & PRACTICE KIT:

Practice kit included for all new players  
Game jerseys included for use each season  
Blue and Orange shorts/socks for purchase

## PRACTICE LOCATION:

Inland Athletic Park and NW Community Fields