

OUTDOOR 2024 PROGRAM DETAILS



**U5
2019**

U5 ROOTS ACTIVE START

Season Length: April 29 - June 23

Commitment: 2 sessions per week

Day: Mondays + Wednesdays

Time: 4:30-5:30pm

Location: Inland Athletic Park

*ALL SESSIONS DESIGNED AND LED BY BLIZZARD COACHES
skill centre sessions with small sided games component*

\$200

WHAT TO BRING:

Running shoes or outdoor cleats
Shin guards worn under socks
Water bottle

PRACTICE KIT:

Blizzard training top for all new to club players
Black shorts and socks available for purchase

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