

# OUTDOOR 2024 PROGRAM DETAILS



## U7 GIRLS CMSA PROGRAM

**Season Dates: April 24 - June 23**  
**Commitment: 2 x per week**

- ✓ Skill Centre Training Details
  - Wednesdays
  - 6:30-7:30pm
  - 8x60 minute sessions
  - Inland Athletic Park
  - Led by Blizzard Staff coaches
- ✓ CMSA Match Day Details
  - 7 match days
  - Saturdays (begin May 4)
  - Time TBA by CMSA
  - 3v3 Format
  - Dalhousie Community Centre

*\*Parent Volunteer Coaches required to lead CMSA Match Days*

**\$275 REGISTRATION FEE**

### WHAT TO BRING:

Outdoor soccer cleats or runners  
Shin guards worn under soccer socks  
Water bottle

### GAME & PRACTICE KIT:

Training Top included for new players  
Game jerseys, shorts, and socks included for  
CMSA Match Days

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