# OUTDOOR 2024 PROGRAM DETAILS



#### CMSA DEVELOPMENTAL PLUS+

longer season, technical training, 3-4 x per week

#### Season Dates:

April 22 - June 23 Spring Season August 19 - Sept. 23 Fall Season

- Weekly team training w/ team coachday and time TBD
- ✓ Weekly Skill Centres
  - o Fridays 6:15-7:30pm
- 8x 60 minute technical training sessions with Blizzard tech staff
- √ 7 CMSA Match Day Saturdays

\$425 REGISTRATION + \$200 ACADEMY FEE

## CMSA DEVELOPMENTAL

shorter season, no technical training, 3 x per week

#### Season Dates:

April 22 - June 23 Spring Season

- Weekly team training w/ team coachday and time TBD
- ✓ Weekly Skill Centres
  - Fridays 6:15-7:30pm
- √ 7 CMSA Match Day Saturdays

### \$400 REGISTRATION

## **PRACTICE LOCATION:**

Inland Athletic Park - 5563 112th Ave NW.

# CMSA MATCH DAY DETAILS:

May 2 - June 22 Saturdays. Time TBD by CMSA Dalhousie Community Centre 5v5 with goalkeeper

#### **GAME & PRACTICE KIT:**

Training top included for all new players Game jerseys, shorts, and socks included for Match Days provided by CMSA.

### WHAT TO BRING:

Outdoor soccer cleats or runners
Shin guards worn under soccer socks
Water bottle

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