

# OUTDOOR 2024 PROGRAM DETAILS



**U19**  
**mens &**  
**womens**

## PROGRAM DETAILS:

- ✓ 1 x 90 minute practice per week with team coach
- ✓ 20 Technical Training sessions
- ✓ 16 ORKA Sport Science Session
- ✓ 4 Video Analysis Sessions
- ✓ Includes CUSA/CWSA League Registration fees

**PREMIER LEAGUE FEES: \$550 REGISTRATION + \$700 ACADEMY + \$200 ORKA**

For all other divisions in Mens and Women's, Academy and ORKA fees will be optional and removed from PU accounts once teams are formed

## SEASON DATES:

April 22 - September 22

## PRACTICE LOCATIONS:

Inland Athletic Park and NW Fields

## LEAGUE GAME DETAILS:

TBD

## GAME & PRACTICE KIT:

Practice kit included for new players  
Game jerseys included for use each season  
Blue and Orange shorts/socks for purchase

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