

2024/25 INDOOR PROGRAM DETAILS

U19 06/07



TIERS 1, 2, 3 & 4

Season Dates:

- October 7 – March 14 Training Dates
- October 15 – March 9 CMSA League
- December 23 – January 3 Winter Break

Training Details:

- 1 weekly practice with Team Coach
- Optional Technical Training available (12 sessions \$320)
- Optional ORKA session available (16 sessions \$200)

Post Season Play:

- Final 4 Challenge Cup March 8/9
- ASA Provincials March 14-16

\$600 REGISTRATION FEE + OPTIONAL TECH/ORKA

UNIFORMS:

- Practice kit included for all players
- Game jerseys provided for use during the season
- Blue and Orange game shorts/socks for purchase

PRACTICE LOCATIONS:

- Shouldice Turf Dome
- CWSC and Prolific North as needed

CMSA GAME DETAILS:

- 7v7 Format. 2x30 minute halves
- May play any day of the week
- Games played city wide
- Game location/day scheduled by CMSA available Oct. 8

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