

# CBSC 5v5 Global Cup Rules

August 29, 2026 (Girls Tournament)

August 30, 2026 (Boys Tournament)

## Field Dimensions and Format:

- Field Size: 40 yards x 30 yards  
Center Circle: 10 yards  
Keep Area: 7 yards
- 5v5 game format. This includes a keeper.
- Ball Size: Age-appropriate to match CMSA Guidelines

## 1. Sportsmanship:

Good sportsmanship is expected at all times. Coaches and players are responsible for the conduct of themselves, their players, parents, and spectators.

## 2. Roster:

Each team may have a maximum of 11 rostered players. Playing with an improperly registered player will result in forfeiture and possible ejection from the tournament.

## 3. Age Restrictions:

Players may play "up" in age group, but may not play "down."

## 4. Equipment:

- Shin guards are mandatory at all times.
- Jewelry is not allowed during play.
- If teams have similar-colored shirts, the **Home team** must change to a different color. The Home team is the one listed first on the schedule.

## 5. Match Start & Duration:

- Matches consist of two 12-minute halves, with a 5-minute halftime.
- There will be no coin toss. The **Home team** kicks off to start the match. The **Away team** chooses which end of the field to defend.
- Each team is guaranteed 4 games all played on one day.

## 6. Offside:

There is no offside in 5v5 soccer.

## 7. Slide Tackling:

- No slide tackling that makes contact with an opponent. A free kick will be awarded for any contact during a slide.
- Players may slide to stop or intercept the ball, provided no contact is made with an opponent (e.g., sliding to prevent the ball from going out of bounds).

**8. Heading:**

Follow CSA/CMSA guidelines for heading.

**9. Kick-ins:**

- Throw-ins are replaced with kick-ins or dribbles from the touchline.
- A player cannot score directly from a kick-in or dribble-in; the ball must be played by another player before scoring.

**10. Penalty Kicks:**

- Penalty kicks are taken from 7 yards or the top of the penalty arc.
- Physical fouls result in direct free kicks; all other fouls result in indirect free kicks.
- Defending players must be at least 5 yards from the penalty spot.

**11. Goal Kicks:**

- Goalkeepers can: (1) throw the ball, (2) pass or kick from the ground, or (3) dribble out of the penalty arc.
- Once the ball is placed, the goalkeeper has 4 seconds to execute the clearance. Failure to do so results in an indirect kick for the opposition at the top of the arc.
- A goal cannot be scored directly from a goal clearance. However, once the ball is outside the penalty arc, it can be scored from anywhere on the field.
- Punting or drop-kicking the ball is not allowed.

**12. Substitutions:**

- Substitutions may be made with the referee's acknowledgment after any dead ball.

**13. Conduct:**

- Coaches are responsible for the conduct of their players and parents.
- Unruly behavior from coaches, players, or spectators will not be tolerated. The referee, event host, and 5v5 Soccer Tour staff reserve the right to remove any individual from the premises.

**14. Card Penalties:**

- A player who receives 3 yellow cards in a day will be ineligible for their next match.
- A red card results in immediate ejection from the game and the team's next match.
- The team can substitute for the ejected player.
- Players sent off in two separate games during the tournament will be ejected from the tournament.

**15. Scoring:**

- 3 points for a win, 1 point for a draw, and 0 points for a loss.
- Forfeited games are scored as 5-0 wins for the present team.